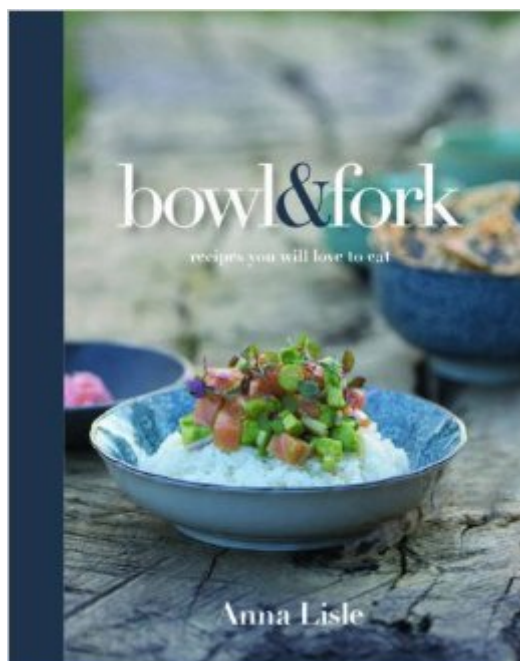


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Bowl & Fork: Recipes You Will Love To Eat



Synopsis

Take a simple bowl and fork, add some super tasty food combinations and presto, you have a perfect meal. Total taste sensation that's what you'll experience from the delightfully-original recipes in this book. Bowl&Fork is a collection of satisfying, nourishing dishes that can be enjoyed for one, two, a family or a feast. Think comfort food with an interesting twist good for your body, your health and great for your tastebuds. If you love to eat, you'll love this book. Simply delicious! (Anna Lisle)

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